



Someone Who Cares With You.

ORASI Course - Porto (Portugal)

Interpersonal Psychotherapy Course

(Level "A" training course, certified by the *Interpersonal Psychotherapy Institute* and recommended by the *International Society for Interpersonal Psychotherapy - 2nd Edition in Portugal*)

Wednesday and Thursday, **3 and 4 November 2010**

REGISTRATION (Check the back of this flyer or go online www.orasi.pt)

1st PHASE - 15th February until 30th April 2010 (places limited to 50 registrants)

2nd PHASE - 1st May until 31st August 2010 (if there are places available from the 1st phase)

3rd PHASE - 1st September until 31th October 2010 (if there are places available from the 2nd phase)



**2nd Edition
in Portugal!**

Scott Stuart (University of Iowa, EUA)

ORASI is proud to organize and present in the historical city of Porto (Portugal) a training course in Interpersonal Psychotherapy, featuring invited guest lecturer Scott Stuart. This training is certified by the Interpersonal Psychotherapy Institute as level "A" psychotherapist training, as recommended by the International Society of Interpersonal Psychotherapy (ISIPT). ORASI is recognized and recommended by ISIPT to organize this course.

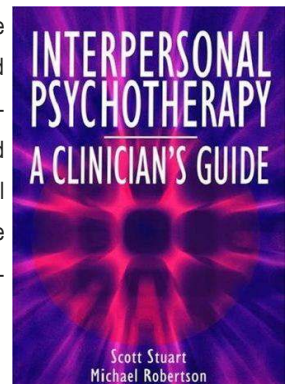
FOR WHOM? - The course is designed for psychotherapists with some experience in dynamic psychotherapy. Participants should be well acquainted with basic psychotherapy principles, such as the ability to effectively engage patients, to formulate cases, and to use specific psychotherapy techniques. It will be of particular benefit to those practitioners who use or plan to use short-term psychotherapy, or who frequently use psychotherapy as an adjunct to medication management.

EDUCATIONAL OBJECTIVES - At the end of the course, the participants should be able to: Demonstrate knowledge of interpersonal theory and IPT research literature; Conduct Interpersonal Psychotherapy (IPT) and utilize IPT techniques; Deal effectively with difficult and resistant psychotherapy patients using IPT techniques.

COURSE DESCRIPTION AND FORMAT - This course is designed to instruct participants in the theory and practice of Interpersonal Psychotherapy (IPT). The course will consist of didactic presentations and a review of the research evidence supporting IPT, followed by multimedia presentations demonstrating the use of IPT with patients. The presentation will also include videotapes of the course director and other experts conducting IPT with patients. Group discussion and role-playing will help to synthesize the information and examples presented.

ABOUT OUR GUEST SPEAKER

SCOTT STUART, M.D. - Dr. Stuart is a psychiatrist and a Professor of Psychiatry and Psychology in the Department of Psychiatry of the University of Iowa (USA). He has been active in clinical work, education and research in the areas of Interpersonal Psychotherapy and perinatal psychiatry during the last two decades. Dr. Stuart completed his medical training at the University of Kansas, followed by internship at the University of Pittsburgh. He has received several teaching awards, including the John Clancy Teacher of the Year Award (Department of Psychiatry of the University of Iowa). He is the President and co-founder of the International Society of Interpersonal Psychotherapists and Director of the Interpersonal Psychotherapy Institute. He has also authored a number of articles on IPT, and is the co-author of an internationally acclaimed textbook on Interpersonal Psychotherapy. This book, *Interpersonal Psychotherapy: A Clinician's Guide* (check the picture aside), is recommended as a text for this training.



PLACE AND ACCOMODATION SUGGESTION - The course will be held at Hotel VILA GALE****. Address: Avenida Fernão Magalhães, nº 7 - 4300-190 PORTO. If you wish to make a reservation for accomodation and spend some time in this historical and world heritage city, please contact the hotel directly - Phone (+351) 225 191 800 or by Fax (+351) 225 191 850. The city has subway/ metro and the hotel station is "Campo 24 Agosto". For more informations and hotel map go to www.vilagalé.pt/





ORASI
Someone Who Cares With You.
www.orasi.pt

Interpersonal Psychotherapy Course (2nd Ed.)

with Scott Stuart, M.D. (University of Iowa, EUA)

COURSE PROGRAMME

Number of Hours	DAY 1 - Wednesday, 3 Nov 2010 (2 p.m. - 7 p.m.)	Number of Hours	DAY 2 - Thursday, 4 Nov 2010 (9.30 a.m. - 12.30 a.m. & 2 p.m. - 6 p.m.)
1	Introduction. IPT Theory	6,7	Interpersonal Disputes and Grief and Loss
2	Interpersonal Formulation	8	Case Presentation
3	IPT Structure	9	Interpersonal Theory
4	IPT Techniques	10	Role Playing
5	Role transitions	11	Role Transitions: Review of Videos
		12	Conclusion of treatment and Maintenance

CERTIFICATION:

This course is certified by the Interpersonal Psychotherapy Institute as level "A" training as an IPT therapist, as recommended by the International Society for Interpersonal Psychotherapy.

Check this Orasi course at
<http://www.interpersonalpsychotherapy.org/>

Registration Cost/ person	1st PHASE 15 th Feb until 30 th Apr 2010	2nd PHASE 1 st May until 31 st Aug 2010	3rd PHASE 1 st Sep until 31 th Oct 2010
Professionals	<input type="checkbox"/> 275 €	<input type="checkbox"/> 300 €	<input type="checkbox"/> 325 €
ORASI Clients/ Members	<input type="checkbox"/> 250 €	<input type="checkbox"/> 275 €	<input type="checkbox"/> 300 €

Registration value includes:

- A) 12 hour formation with Dr. Scott Stuart (in english)
- B) Documentation and Orasi pen
- C) Coffees, water and coffee breaks (*lunch not included*)
- D) IPT Certificate for level A training, with the 12 hours approved by Orasi techno-scientific commission and by the Interpersonal Psychotherapy Institute, and recommended by the International Society for Interpersonal Psychotherapy.

Notes:

- 1) Registration will only be considered with the confirmation of the payment of the total value of the course until a week before its occurrence .
- 2) ORASI has the right of not returning the amounts paid by registrants who do not attend the course, until one month before, if the reason for the withdrawal is not derived from any of the following reasons: changes of location of the event or the invited trainer initially disclosed, or significant changes to the schedule before the start of the course, if any.

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REGISTRATION FORM

Interpersonal Psychotherapy Course (2^a Ed.) - 3rd and 4th NOV 2010

You can digitalize this form and send it by e-mail to geral@orasi.pt or fulfill the registration form online at www.orasi.pt

PLEASE, FILL IN CAPS

FULL NAME _____

ADDRESS _____

POST CODE _____ CITY _____ COUNTRY _____

TELEPHONE _____ E-MAIL _____

FAX _____ PROFESSION _____

I SUBSCRIBE THE COURSE OF IPT ORGANIZED BY ORASI AND MY PAYMENT OPTION IS (SELECT WITH A CROSS):

CHEQUE - I enclose a cheque (made payable to ORASI, Ltd.), in the value of the registration = _____ Euros (€).

INTERNATIONAL BANK TRANSFER - Please, inform your bank to make an international transfer according to the following data and send this form by mail fulfilled with a copy of the international bank account transfer, in the value of the registration = _____ Euros (€). Your bank will need the following data for the transfer: - SEND A COPY OF THE MADE BANK TRANSFER WITH THIS REGISTRATION
Orasi International Bank Account Number (IBAN) - PT50 0035 0115 0000 1542930 03
Orasi BIC SWIFT code - CGDIPTPL

Send this application form by mail, duly completed, with your payment option in the amount of your registration, with copy of your qualifications certificate(s) to:

ORASI, LTD.
Rua Arquitecto Marques da Silva, n.º 285, 1º C
4150-484 PORTO
PORTUGAL

For more information, please contact us by:
E-mail: geral@orasi.pt or Phone (00-351) 91 808 58 70